



1285 Hembree Road
Suite 100
Roswell, GA 30076
770-442-1050
www.northfultonpediatrics.com

THRUSH

What is thrush?

Thrush is a yeast infection in the mouth that is sometimes seen in babies during the first year of life. It can be bothersome to the baby and the parent, and can sometimes make feeding a little more uncomfortable for your baby. It is not dangerous. Antibiotic use can increase the chances that your baby could develop thrush.

Possible symptoms include

- whitish patches on the lining of the mouth, lips, inside of the cheeks, or on the tongue that do not wipe away easily like formula or breast milk would.
- discomfort or mouth pains, which may be noted more often when your baby tries to eat, nurse, or bottle feed

How is thrush treated (general guidelines)?

Your child's doctor will prescribe medication to treat the thrush. One of the medicines prescribed is to be applied on the lips, gums, and inside of the cheeks. An effective way to do this is to put the medicine on the inside corner of each side of the mouth and rub your baby's cheek gently to spread the medicine. The longer the medicine comes in contact with the inside of the mouth the better.

If your baby appears to have difficulty feeding, you may use a spoon or a syringe / dropper to give formula and/or food.

Clean all pacifiers, toys, and bottle nipples well.

Call our office if:

- You are breast-feeding and develop a rash or redness around your nipple.
- Your baby has a temperature of 100.4 or higher
- You are concerned that your baby may be getting dehydrated (for example, poor feeding, dry lips or mouth, no urine output in 6-8 hours).
- Your baby does not seem to be improving on medicine in 7-10 days
- Your baby develops a new rash in the diaper area.

For any urgent or emergent medical concerns, please call 911 or go immediately to the nearest emergency department.